

THE TURNAROUND

A 180 Degrees' Newsletter



For 50 years, 180 Degrees has helped Minnesota youth and adults break the cycle of trauma created by poverty, racism, mass incarceration, homelessness and exploitation—offering the tools and support to help build stronger, brighter, more resilient communities.

180 Degrees programs include emergency shelter and transitional housing for youth at risk of homelessness and sexual exploitation; housing and supportive services for formerly incarcerated men re-entering their communities; and community-based supports for children, women, and families navigating crises and challenges to stability.

Brittany's Place Profile

Autumn had a new boyfriend who started supplying her with gifts and all types of drugs. Soon she was addicted. When they needed money, he sold her to other men for sex. At times she said she was so knocked-out that she didn't even know what had happened to her.

By the time she heard about Brittany's Place, Autumn was ready for a change. She wanted to complete her GED and get a job. "I know it's going to be hard," she said, "But I don't want that life anymore."

Autumn got her own room at Brittany's Place. She started to settle into the daily routine with regular nutritious meals, plenty of rest, access to school and recreation. The staff at BP had even connected Autumn with a Safe Harbor case manager who also had a similar cultural background so that it was easier for her to develop trust.

Autumn was making progress but got very upset after an incident with her older sister. It became even more difficult for Autumn to cope with her sobriety. As she packed her few belongings, a staff member tried to encourage her to stay. When it was clear that Autumn was leaving, the staff reminded her that she could always come back to Brittany's Place. Autumn left the shelter and a car picked her up down the block.

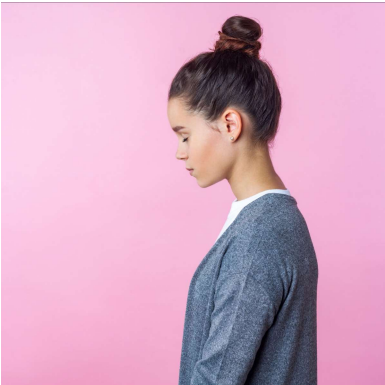
Breaking free from a trafficking situation is complicated by many things, not to mention drug addiction, fear of violence, or threats against those you love, and even the distant promise that the abuser might change.

But one day a few months later, Autumn called the staff at Brittany's Place and said she needed help. She returned to the shelter where she was given food, a warm shower, fresh clothes and rest.

The next morning Autumn woke up and found that her favorite staff member, Michelle was working. She reached out to hold Michelle's hand. Michelle asked if she wanted a hug and Autumn just burrowed into Michelle's arms.

"You just needed to touch someone, huh?" Michelle asked her. "Listen. You are amazing. You had so much courage to just walk in our door. Don't ever forget about your own worth. You are worth more than the whole world."

Brittany's Place is Minnesota's first and largest program for youth who have been sexually exploited and a key regional safety net for youth and families in the Twin Cities metro, statewide, and in adjacent states. Since 2015, over 600 girls have turned to 180 Degrees' Brittany's Place for safety and healing following sexual exploitation.

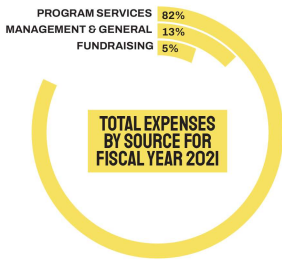
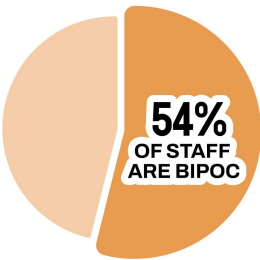


For more information about Brittany's Place visit www.180degrees.org/brittanys-place.

2020-2021 Annual Report

Your support of 180 Degrees makes a tangible difference in the lives of others! Our staff and programs help people navigate crisis and trauma through a comprehensive system of safe, welcoming and lasting support.

Read about the impact of your gift to 180 Degrees in our [2021-2021 Annual Report](#).



180 Degrees Profile

Aubrey Hunstad is a Tax Director at Värde Partners, Inc., a global alternative investment firm headquartered in Minneapolis, Minnesota. She shares her positive energy and expertise with 180 Degrees as Treasurer for the Board of Directors.



What have you learned from being on the board of this organization?

What I've learned most is how easy it is to not see the need surrounding me. There are broken systems and people hurting in our own neighborhoods. The government approach to fixing and funding the issues is slow and constrained.

As a result of being on the board for 180 Degrees, I'm learning to open my eyes to the reality around me, have a conversation with the actual people impacted by trauma, and bring awareness to my family and friends. Opinions can change and positive actions can result from individual conversations.

Thank you, Aubrey for your contributions to 180 Degrees!

180 Degrees News

180 Degrees receives the Charities Review Council Meets Standards® seal!

Nonprofit organizations, such as 180 Degrees, earn the Meets Standards® seal by voluntarily participating in Charities Review Council's Accountability Wizard® review process. The only web-based product of its kind, the Accountability Wizard® is a time-tested tool, elevated by nationally recognized capacity building practitioners and philanthropic thought leaders. The Accountability Wizard® is based on Charities Review Council's 25 Accountability Standards®, a balance of nonprofit sector promising practices, public expectations, and legal requirements, representing the shared expectations between donors and nonprofits.



The review process examined four key areas: Public Disclosure, Governance, Financial Activity, and Fundraising.

As a result, 180 Degrees has aligned its practices, policies and procedures to widely accepted standards of accountability, leading us to greater strength, efficacy and to the achievement of the Meets Standards® seal. By participating in the Accountability Wizard® review process, 180 Degrees demonstrates responsibility, integrity and transparency to donors as well as the general public.

To view our online report, go to smartgivers.org. You'll also find us in Charities Review Council's bi-annual Smart Giver Newsletter.

180 Degrees Events

SAVE THE DATE: JUNE 18 FUNDRAISER

Planning is underway for a special fundraising event on Saturday, June 18, 2022.

Stay tuned for more details! It's sure to be a fun and inspirational event.



You can feel confident that your gift to 180 Degrees makes a tangible difference to people experiencing their most difficult moments—and helps to build stronger, brighter and more resilient communities.

Donate Today!



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